

AURORA-HIGH SCHOOL - LUNCH - January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	(1) Winter Break	(2) Winter Break	(3) Winter Break	(4) Winter Break
(7) Entrees • Chicken Quesadilla Sides • Corn & Black Beans • Salsa • Vegetable Juice • Variety of Fruit • 8 oz skim milk	(8) Entrees • Hamburger Deluxe Sides • everyday vegetable and fruit • Lettuce • Sweet Potato Fries • Sliced Tomato • Baked Beans • Applesauce Unsweetened • Apple Juice • Hamburger Bun • Ice Cream Lt Choc • Ketchup • 8 oz skim milk	(9) Entrees • Beefy Nachos • Cheese Sauce Sides • Black Beans • Corn • Shredded Lettuce • Assorted Fresh Fruit • Diced Pears • Spanish Rice • Tortilla Chip • 1 % White Milk	(10) Entrees • Bbq Pulled Pork • Macaroni & Cheese Sides • Green Bean • Super Salad • Slushie Straw-Kw • Apple • Breadstick Pizza Stfd • 8 oz skim milk	(11) Entrees • Pizza Cheese Sides • California Vegetable Blend • everyday vegetable and fruit • Dragon Vegetable Juice • Variety of Fruit • Rainbow Rotini Pasta • 8 oz skim milk
(14) Entrees • CHIX RING WG Sides • Potato Smiles • Peas & Carrot • Veg Juice Mango • Red Grapes • COOKIE WG Triple Choc	(15) Entrees • Breaded Mozz Stixa Sides • Peas & Carrot • Fries • Mixed Fruit • Variety of Fresh Fruits • Fruit Snack • Marinara Sauce • 8 oz skim milk	(16) Entrees • Pasta w/Meat Sauce • Parmesan Cheese Sides • Green Beans • Everyday Fruit & Vegetable Bar • Slushie Straw-Kw • Cheese Stuffed Bread stick • 8 oz skim milk	(17) Entrees • BURRITO BF/BEAN/CHS Sides • PEPPERS GREEN LRG 60-70CT • MRKN • Corn & Black Beans • SALSA • Apple Juice • Orange Juice • Grape Juice • Garden Salsa Chips • .5 pint 1% chocolate milk	(18) Entrees • Pizza Cheese • Pizza Beef Pepperoni Sides • Three Bean Salad • Variety of Fruit • Fruit Snack • 8 oz skim milk
(21) Martin Luther King Day	(22) Entrees • grilled chicken Sides • mashed potatoes • Spinach • Sweet Potatoes, Extra Light • Syrup, canned • Grape Slushie • Variety of Fruit • Dunkin Stix • 8 oz skim milk	(23) Entrees • Philly Beef Steak w/Peppers & onions • Cheddar Cheese Dip Cup Sides • Minestrone Soup • Variety of Fruit • Slushie Bl Rasp • Sub Bun • 8 oz skim milk	(24) Entrees • BEEF PATTY Sides • Sliced Tomato • Lettuce • Fries • Peas & Carrot • Diced Peaches • WG White Bun • Choc Milk, Skim	(25) Entrees • Buffalo Chicken Pizza Sides • Vegetables & Pasta • Cole Slaw • Lettuce Romaine Shredded • Apple • Slushie Dragon Punch • Italian Dressing FF • 8 oz skim milk
(28) Entrees • CORN DOG CHIX WGRAIN 72-4Z • GCHC Sides • COLE SLAW • Peppered Fries • Variety of Fruit • TREAT RICE KRISPIE MINI • WGRAIN 60DCT • 8 oz skim milk	(29) Entrees • Footlong Sides • Waffle Fries • Baked Beans • Variety of Fruit • Grape Slushie • Bun Footlong • 8 oz skim milk	(30) Entrees • Italian Combo Sub • Provolone Cheese Sides • Lettuce • Baby Carrots • Tomato Slice • Vegetarian Soup • Diced Peaches • Variety of Fresh Fruits • Sub Bun • Honey Mustard pkt • Mayo Fat Free • 8 oz skim milk	(31) Entrees • TURKEY BRST CKD BRN • 2-8.25AVG JENNO Sides • FRIES SWT 5/16 S/C SVRY 6-2.5 • Mashed Potato • Green Beans • Everyday Fruit & Vegetable Bar • WG Dinner Roll • FF Ranch • Turkey Gravy • Light Italian Dressing • 1 % White Milk	

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