

Harmon - LUNCH - January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	(1) New Year's Day	(2) Winter Break	(3) Winter Break	(4) Winter Break
(7)	(8)	(9)	(10)	(11)
<ul style="list-style-type: none"> • Entrees • Hot Dog • Sides • Baked Beans • Peas & Carrot • Variety of Fruit • Hot Dog Bun Nickles • 1 % White Milk 	<ul style="list-style-type: none"> • Entrees • Cheeseburger • American Cheese • Whole Grain Bun • Sides • Tomato Slice • Lettuce • Green Beans • Variety of Fruit • Fries • 1 % White Milk 	<ul style="list-style-type: none"> • Entrees • Chicken Tenders • Sides • Steamed Broccoli • Applesauce cup • 5" Whole Grain Breadstick • Seasoned Wedges • 1 % White Milk 	<ul style="list-style-type: none"> • Entrees • Walking Taco • Shredded Cheddar • Sides • Corn • Salsa cup • Shred Lettuce • Black Beans • Mandarin Oranges • Doritos • Spanish Rice • 1 % White Milk 	<ul style="list-style-type: none"> • Entrees • Gionino's Pizza • Sides • Baby Carrots • Garden Salad • Diced Peaches • Garden Salsa Chips • 1 % White Milk
(14)	(15)	(16)	(17)	(18)
<ul style="list-style-type: none"> • Entrees • Mini Pancakes • Sausage Patty • Sides • Potato Triangle • Orange Juice • Applesauce cup • Pancake Syrup • 1 % White Milk 	<ul style="list-style-type: none"> • Entrees • Cheeseburger • American Cheese • Whole Grain Bun • Sides • Tomato Slice • Lettuce • Green Beans • Variety of Fruit • Fries • 1 % White Milk 	<ul style="list-style-type: none"> • Entrees • Pierogis Potato/Cheese • Sides • Red / Green Peppers and Onions • Green Beans • Variety of Fruit • Whole Grain Tortilla Chips • Sour Cream • 1 % White Milk 	<ul style="list-style-type: none"> • Entrees • Soft Taco • Shred Cheese • Sides • Shred Lettuce • Corn • Black Beans • Variety of Fruit • Tortilla Wrap • Mexican Rice • Sour Cream • 1 % White Milk 	<ul style="list-style-type: none"> • Entrees • Gionino's Pizza • Sides • Baby Carrots • Garden Salad • Diced Pears • Tostitos Chips • 1 % White Milk
(21)	(22)	(23)	(24)	(25)
MLK No School	<ul style="list-style-type: none"> • Entrees • Cheeseburger • American Cheese • Whole Grain Bun • Sides • Tomato Slice • Lettuce • Green Beans • Variety of Fruit • Fries • 1 % White Milk 	<ul style="list-style-type: none"> • Entrees • WG Grilled Cheese Sandwich • Sides • Tomato Soup • Apple Sauce • Baked Lays Potato Chip • 1 % White Milk 	<ul style="list-style-type: none"> • Entrees • Orange Chicken • Veggie Egg Roll • Sides • Far East Blend • Mandarin Oranges • Brown Rice • 1 % White Milk 	<ul style="list-style-type: none"> • Entrees • Gionino's Pizza • Sides • Garden Salad • Spinach salad • Variety of Fruit • Baby Carrots • Doritos • 1 % White Milk
(28)	(29)	(30)	(31)	
<ul style="list-style-type: none"> • Entrees • Popcorn Chicken • Sides • Steamed Broccoli • Diced Peaches • Potato Coins • 1 % White Milk 	<ul style="list-style-type: none"> • Entrees • Cheeseburger • American Cheese • Whole Grain Bun • Sides • Tomato Slice • Lettuce • Green Beans • Variety of Fruit • Fries • 1 % White Milk 	<ul style="list-style-type: none"> • Entrees • Chicken Wraps • Shred Cheese • Sides • Shredded Lettuce • Diced Peaches • Rice Pilaf • Tortilla Wrap • 1 % White Milk 	<ul style="list-style-type: none"> • Entrees • Beefy Nachos • Cheese Sauce • Shred Cheese • Sides • Black Beans • Corn • Shredded Lettuce • Assorted Fresh Fruit • Diced Pears • Spanish Rice • Tortilla Chip • 1 % White Milk 	

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